**Young Adult Retreat ‘Schedule’**

*We are not hard set on following this schedule*

**Friday**

* 5pm- CRW Open
  + No meal provided for Friday Night
* 7pm- Programming Start
  + Covenant
  + Community Building
* 8:30pm-Campfire
  + Snack
  + Fireplace gathering
* 9:30- CYOA
  + Bed
  + Games
  + Movie

**Saturday**

* 8:30a-Breakfast Preparation
* 930am-Breakfast
* 10:15a- Morning Watch
* 1030am- Group Discussion
  + Faith and the World today
* 12pm-Lunch Prep
* 12:30pm-Lunch
* 1:15pm- CYOA
  + Rest
  + Read
  + Games
  + Snacks
  + Etc…
* 5pm-Dinner Prep
* 6pm-Dinner
* 7pm-Group Discussion
  + Sex, Sexuality & Faith
* 8:30pm- Campfire
  + Songs and Praise
* 9pm- CYOA

**Sunday**

* 8:30a-Breakfast Preparation
* 930am-Breakfast
* 10:15a- Morning Watch
* 10:30a-Worship
* 12p-Lunch Prep
* 12:30p-Lunch
* 1:15p- Group Discussion
  + Rest
* 1:45p- Silent CYOA
* 4pm- Coming out of silence reflections
* 4:30p- Basic Camp Cleaning
* 5:30pm-Dinner Prep
* 6pm-Dinner
* 7pm- Activity
* 8:30p- Campfire
* 9:15p CYOA

**Monday**

* 8:30a-breakfast Prep
* 9:00a-Breakfast
* 9:45a- Cleanup
* 11a-Closing

*No participants are expected to participate in any of the activities if they choose not to, all are welcome to spend the weekend resting and relaxing.*

Items participants need to bring

* Clothing Items for the weather
  + Think “Montana Winter”
* Toiletries (toothbrush, soap, deodorant)
* Towels
* Bedding (sleeping bag, pillow and twin fitted sheet at minimum.)
  + Contact Mat if you need assistance with items
* Medications you regularly take or may need for an emergency

*Not required but nice to have hare instruments, games, journals or crafts that you like.*